



St Columba
Anglican School

DRIVING EXCELLENCE IN SPORT
2024 Elective Sport Model



SCAS Sport Program's Vision and Mission

- We want SCAS to be recognised as the premier school sporting program in the region, through engagement, culture and performance.
- The SCAS Sport and PE departments want to provide students with the best school sporting experience that allows students of all abilities, access to participate and excel in sport.



What does this look like?

- Participation
 - more students are offered the opportunity to be physically active
 - more low-cost sport options are offered each term
 - overall physical literacy improves
 - all students leave SCAS with swimming and water safety education
- Performance
 - SCAS achieves sporting excellence through measured success at HRIS, school sport and association based sporting competitions
 - student athletes have access to a world class Daily Training Environment (DTE) through the Athlete Development Program (ADP)
 - student athletes have the opportunity to participate in extended training programs and have access to teachers with specialised sport knowledge ahead of representative activities
- Engagement
 - a streamed sport structure allows students to select their level of engagement with the elective sport system - 1) representative, 2) foundation



The 2024 Elective Sport Model

We will introduce a streamed model for elective sport in 2024. This model will require students to select their sport pathway each term:

- REPRESENTATIVE
 - This pathway is for students who wish to represent SCAS at HRIS (AICES, CIS, etc.,) and other school-sport representative events
 - ADP students should select this option
- FOUNDATION
 - This pathway is for students who enjoy playing sport, and may wish to increase their knowledge/skill in a sport, or try a new sport altogether



Be prepared for some changes

Change #1

- Year 11 and 12 students will be included in weekly elective sport sessions.
 - Sport will not be compulsory for Year 11 and 12 students (opt-in), but it IS still compulsory for Years 7-10.
 - Senior students who do not opt-in to sport will still be engaged within their wellbeing session and study period.



Be prepared for some changes

Change #2

- Sport days will change
 - Years 7, 8 and 9 students will have sport on Fridays
 - Years 10, 11 and 12 students will have sport on Mondays
 - Sport will take place from 11.10am-1pm.



Be prepared for some changes

Change #3

- Sport offerings will change.
 - HRIS, federated sports and sports that are well-supported in the local region will be prioritised (e.g. Cross Country, Athletics, Football, Swimming, Touch Football, Oztag)
 - Recreational and leisure activities (e.g. Hydro Golf, Rock Climbing, Coastal Walking) will fall away.



Be prepared for some changes

Change #4

- Sport programming will be determined each term based on the need to provide adequate training and team selection opportunities in the lead up to Gala Days.
 - This means teams will have up to 1.5 hours of dedicated, valuable training time each week, timetabled within the school day.
 - Team training before and after school hours may still take place but can be kept to a minimum



Be prepared for some changes

Change #5

- If students want to represent SCAS in one (or more sports), they are required to select them when they pick their elective sport preferences.
 - If students don't elect to participate in the Representative sport stream during the term, they cannot be considered to represent the school in a team.
 - This applies to Year 11 and 12 students who wish to represent the school, even though Year 11/12 sport is not compulsory.



What we're keeping

Valuable teacher-student relationships

- The teacher-coaches that have worked tirelessly with students in the past and have built valuable relationships will remain on their preferred sports.



What we're keeping

Familiar venues

- We will continue to use many of the venues we've used in the past such as the Port Macquarie Indoor Stadium, Stuart Park, local swimming pools and beaches.



What we're keeping

Electronic sport selections

- Students will submit sport selections each term via Google Form. This will be emailed to students in advance of the next term (aside from Term 1 where this will not be possible) so they can review the sporting options on offer.
 - Representative pathway students will select their main sport preference, and then two more optional preferences.
 - Foundation pathway students will choose a first and second choice sport.



What might this look like on Mondays in Term 1?

Years 10, 11 and 12 sport options.
Representative and foundation pathways.

- Aquathon
- Netball
- Futsal
- Cross Country
- Football
- Basketball
- Tennis
- Gym (SCAS gym or cardio gym - foundation pathway only)

What might this look like on Fridays in Term 1?



Years 7, 8 and 9 sport options.

Representative and foundation pathways.

- Aquathon
- Netball
- Futsal
- Cross Country
- Football
- Cricket
- AFL

Full Year View 7, 8 and 9



TERM 1							
Targeted Sports	Aquathon (swim-run)	Netball	Futsal	Cross Country	Football	AFL	Cricket
Targeted Events	All Schools Triathlon SCAS Swimming HRIS Swimming		Hastings Futsal Titles	SCAS Cross Country HRIS Cross Country		AFL Gala Day	Wiburd & Douglas Shield
TERM 2							
Targeted Sports	Basketball	Netball	Athletics	Rugby	Football	Softball/Tee Ball (Foundation stream only)	
Targeted Events		HRIS Netball Netball Schools Cup	SCAS Athletics Carnival		Bill Turner HRIS U15 Football		
TERM 3							
Targeted Sports	Basketball	Volleyball	Athletics	Rugby	Tennis	Touch Football	Cricket
Targeted Events	HRIS U15 Basketball	HRIS U15 Volleyball	HRIS, AICES, CIS Athletics	Rugby 7s State Schools	HRIS U15 Tennis		
TERM 4 - North Coast Anglican School Country Week Games							
Targeted Sports	Swimming	AFL	APOLA Surf Survival		Oztag	Touch Football	Cricket
Targeted Events	SCAS Swimming Term 1					HRIS U15 Touch	Wiburd & Douglas Shield

Full Year View 10,11 and 12



TERM 1								
Targeted Sports	Aquathon (swim-run)	Netball	Futsal	Cross Country	Football	Basketball	Tennis	SCAS Gym (Foundation stream only)
Targeted Events	All Schools Triathlon SCAS Swimming HRIS Swimming		Hastings Futsal Titles	SCAS Cross Country HRIS Cross Country	CIS Cup Football		HRIS Open Tennis	
TERM 2								
Targeted Sports		Netball	Athletics		Football	Basketball	Rugby	SCAS Gym
Targeted Events		HRIS Netball Netball Schools Cup	SCAS Athletics Carnival		HRIS Open Football	HRIS Open Basketball		
TERM 3								
Targeted Sports	Cricket	Touch Football	Athletics	Volleyball	Softball (Foundation stream only)		Rugby	SCAS Gym
Targeted Events			HRIS, AICES, CIS Athletics				Rugby 7s State Schools	
TERM 4 - North Coast Anglican School Country Week Games								
Targeted Sports	Cricket	Touch Football	Oztag	Volleyball	AFL	Swimming	Tennis	SCAS Gym
Targeted Events	Wiburd & Douglas Shield	HRIS Open Touch Football		HRIS Open Volleyball		SCAS & HRIS Swimming Term 1	HRIS Open Tennis Term 1	



What's next?

Week 1 Term 1 2024

- Students will be asked to make their sport selections for the term in Week 1 of Term 1 2024. They will do this using Google Forms - a method they are already familiar with.
- The Sport team will allocate students to sport groups, advise students of their selection outcomes, and be ready to run programming by Week 2.



QUESTIONS?

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